

EXECUTIVE HEALTH PROGRAM



ONE-ON-ONE, TRUSTED EXECUTIVE HEALTH AT ITS BEST

Our Executive Health Program serves successful, busy people who desire exceptional, personalized attention for total physical health. Our single-day executive physical and on-demand concierge 24/7 service provide complete medical and nutritional access to fit conveniently into your demanding schedule.

OUR SERVICES

We screen for early signs of any serious disease and identify ways to decrease the risk of future illness. We also provide the tools, education and long-term coaching support to help each individual achieve, sustain and enjoy their best health. Our approach focuses first on natural remedies to help prevent the need for medical interventions.

HIGHLIGHTS

Our concierge team will coordinate a convenient day and time for a fully-customized, all-inclusive exam, state of the art lab testing for a deep dive into what's driving your health, a full plan to reach your goals along with biomarker tracking and analytics to help you quickly see results on all levels, 1- on-1 calls with Dr. Capasso, regular access to his top functional nutritionist, and follow-up lab monitoring with continual adjustments in your program to ensure you see and feel amazing results.

OUR TEAM

Dr. Anthony Capasso, MD is board certified in internal medicine. He has been consistently named as one of Jacksonville Florida's top physicians, as featured in Folio Magazine. He is a renowned expert in Preventative Medicine, Age Management, and Bioidentical Hormone Treatment. Dr. Capasso graduated Cum Laude and with distinction from the Ohio State University in 1987. In 1993 he received his Doctor of Medicine Degree from the University of Alabama at Birmingham, and completed Medical Residency in Internal Medicine at University of Florida. Dr. Capasso was an Associate Medical Professor at the University of Florida, and is currently the Director of Integrative Medicine at Thin MD Med Spa.

Call now for more details about our Executive Health program and to see if this is a good fit for your goals.

The
LEXINGTON[™]
360 Alliance

Health and Wellness
Dr. Anthony Capasso



Dr. Anthony Capasso

LEXINGTON
FINANCIAL LIFE
MANAGEMENT

**Strategies For
Exponential Life[™]**

Exponential Life is an objective unique to every individual. It is a continuous journey to grow and thrive by improving all aspects of business, family, and finances in a world of continuous change.

Lexington, together with our collaborative team of independent professionals, provides comprehensive strategies to solve complex problems with real-life solutions.

Financial guidance and investment advice offered through Lexington Investment Consulting, LLC.



Helping You Live...
Your Exponential Life

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